

Fitness Instructor

Venues NSW has the responsibility and privilege of managing our city's original home of sport, the Sydney Cricket Ground. The SCG is an integral part of Sydney's rich sporting and cultural life, attracting people from all over the world since the 1850s.

We have an exciting opportunity for an experienced and customer service focused Fitness Instructor to join our Stadium Club team as a casual member.

Reporting to the Manager, Stadium Club, this role will be responsible for supervising members and their guests using the centre facilities whilst providing professional assistance and advice where required. This role involves conducting fitness assessments, health and fitness program development, health promotional programs, program designs and gym floor supervision. This role will also be required to conduct personal training and group exercise classes.

The ideal applicants for the role will have the following skills & qualifications:

- Current Fitness Australia registration and a Certificate IV in Fitness
- Current CPR and First Aid Certificate
- 1-2 years demonstrated experience in a Fitness Instructor ideally with experience in conducting personal training sessions and conducting a range of group fitness classes
- Current Working with Children Check

Rostering of our team spans across our operating hours (5.15 am until 9.30 pm, 7 days a week), applicants must be willing to be flexible and work weekends.

HOW TO APPLY

Please obtain a copy of the role descriptions from the employment section of our website at www.scgt.nsw.gov.au and select **two of the key accountabilities** and provide a one paragraph summary to demonstrate an example of how you met/achieved the results of the accountabilities in a previous role.

Please ensure your application includes covering letter (maximum two pages) and an up-to-date resume of no more than five pages which clearly details your skills and experience as relevant to this role.

Given the number of applications we are likely to receive we will only contact those who are selected for an interview by phone and others via email.

APPLICATIONS CAN BE EMAILED TO: hradmin@scgt.nsw.gov.au

APPLICATIONS CLOSE: Tuesday 26 January 2021

Please note: Applicants must be Australia citizens or permanent residents to be considered and will be required to undertake a National Police Clearance check

Venues NSW values social and cultural diversity and is committed to providing a safe and healthy work environment and the principles of workplace gender equality and encourages indigenous Australians to apply.

Role Description

POSITION TITLE	Fitness Instructor
REPORTS TO	Stadium Club Manager
ROLE CLASSIFICATION	Casual
ROLE TYPE	Employee
DIVISION	Member & Customer Experience
DEPARTMENT	Stadium Club
DATE	January 2021

1. Purpose of the Role

To supervise the members of the Stadium Club and provide professional assistance and advice where required, ensuring that opening and closing procedures are adhered to. As well as conducting fitness programs and health assessments, group exercise classes, personal training, Kids programs and reception duties.

2. Key Accountabilities

- Supervise members ensuring a safe and effective use of the gymnasium including cardiovascular and weights area. Ensure members obey stadium Club rules and regulations.
- Ensure to deliver clear and effective instruction providing supportive, encouragement and motivation in which customers feel comfortable to exercise including answering all enquires in a friendly, respectful and professional manner.
- Provide appropriate and specific exercise programs for each individual member in line with their goals and desires.
- Conduct personal training sessions
- Provide appropriate and specific class instruction according to class descriptions or program.
- Maintain constant vigilance in improving customer's exercise techniques and ability to use fitness equipment when monitoring gym floor or conducting group exercise classes.
- Assist with effective cleaning and maintenance of gymnasium equipment
- Ensure Day-to Day communication with new and current members are recorded with the CRM system.


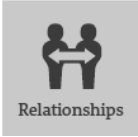


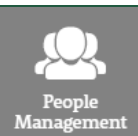
3. Key Challenges

- Dealing with member and stakeholder's expectations whilst being compliant with set legislations, acts and rules and regulations.

4. Key Relationships

WHO	WHY
All staff members including managers	To ensure effective communication and smooth running of the facility
Members and their guests	To ensure members and guests needs are met and endorse a friendly and welcoming environment

5. Capabilities of the Role

CAPABILITY GROUP	CAPABILITY NAME	LEVEL
 Personal Attributes	Display Resilience and Courage Act with Integrity Manage Self Value Diversity	Foundational Foundational Foundational Foundational
 Relationships	Communicate Effectively Commit to Customer Service Work Collaboratively Influence and Negotiate	Foundational Foundational Foundational Foundational
 Results	Deliver Results Plan and Prioritise Think and Solve Problems Demonstrate Accountability	Foundational Foundational Foundational Foundational
 Business Enablers	Finance Technology Procurement and Contract Management Project Management	N/A N/A N/A N/A
 People Management	Manage and Develop People Inspire Direction and Purpose Optimise Business Outcomes Manage Reform and Change	N/A N/A N/A N/A

6. Focus Capabilities for the Role

CAPABILITY GROUP AND NAME	LEVEL	BEHAVIOURAL INDICATORS
Personal Attributes Display Resilience and Courage	Foundational	<ul style="list-style-type: none"> • Be open to new ideas and approaches • Offer own opinion, ask questions and make suggestions • Adapt well to new situations • Do not give up easily when problems arise • Stay calm in challenging situations
Personal Attributes Manage Self	Foundational	<ul style="list-style-type: none"> • Be willing to develop and apply new skills

CAPABILITY GROUP AND NAME	LEVEL	BEHAVIOURAL INDICATORS
		<ul style="list-style-type: none"> • Show commitment to completing work activities effectively • Look for opportunities to learn from the feedback of others
Relationships Communicate Effectively	Foundational	<ul style="list-style-type: none"> • Speak at the right pace and volume for varied audiences • Allow others time to speak • Display active listening • Explain things clearly • Be aware of own body language and facial expressions • Write in a way that is logical and easy to follow
Relationships Commit to Customer Service	Foundational	<ul style="list-style-type: none"> • Speak at the right pace and volume for varied audiences • Allow others time to speak • Display active listening • Explain things clearly • Be aware of own body language and facial expressions • Write in a way that is logical and easy to follow
Results Deliver Results	Foundational	<ul style="list-style-type: none"> • Complete own work tasks under guidance, within set budgets, timeframes and standards • Take the initiative to progress own work • Identify resources needed to complete allocated work tasks • Seek clarification when unsure of work tasks
Results Demonstrate Accountability	Foundational	<ul style="list-style-type: none"> • Take responsibility for own actions • Be aware of delegations and act within authority levels • Be aware of team goals and their impact on work tasks • Follow safe work practices and take reasonable care of own and others health and safety • Escalate issues when these are identified

7. Role Dimensions

Decision Making

Gym Floor Instructors will seek instruction from the Stadium Club Manager before making any decisions

8. Qualifications/Experience

- Fitness Australia Cert 3 & 4 accreditation
- Current First Aid Certificate
- Current CPR certificate
- Current pool lifeguard (desirable)
- Program Specific qualifications (e.g., boxing, kettlebell, suspension training) (desirable)
- Current Working with Children's check

9. Policies

In accordance with the Code of Ethics and Conduct for NSW Government sector employees Venues NSW has formalised a suitable code of conduct for its employees at Venues NSW, its staff and its contracted activities. It is the responsibility of staff to know, understand and comply with all ethical and legal obligations that apply to them.

10. Other Requirements

- Flexibility in work hours including weekends, public holidays and out of hours work
- Must attend staff training, workshops and meetings as and when required

Name: _____ Signature: _____

Date: _____